## Don't allow a broken heart to give you a broken hope

In life we can encounter disappointments and loss that can lead us to a place of grief and despair. We describe this as a broken heart. When all around us seems dismal, we tend to focus on what's causing us pain and forget the bigger picture – God loves us, and He is still in control. In Mark chapter 9, a broken-hearted father approached Jesus. His son had been tormented by evil spirits for years. "Anything is possible if a person believes," Jesus said. "I do believe," the father said. "But help my unbelief!" This man had just enough hope left to ask Jesus for help.

April 2

If you are carrying a heavy burden today, don't allow a broken heart to give you a broken hope. Ask God to give you a vision of a better day ahead. Now, walk toward that better day, trusting He will give you strength and courage in the journey. There is hope for every broken heart.

## Prayer for Today

Lord, I know You see what I'm going through today. I believe You love me and have a plan for my life. Help me to trust You more, and to see beyond my painful moment. Thank You for being my source of hope and peace.

## Scriptures for Today

Psalms 39:7 And so, Lord, where do I put my hope? My only hope is in You. (NLT)

Jeremiah 29:11 "For I know the plans I have for you," declares the Lord. "They are plans for good and not for disaster, to give you a future and a hope." (NKJV)