## Decisions made in anger are seldom profitable to anyone

## August 3

Our prison system is filled with

individuals who

allowed the passion of a moment to push them to a decision which was ultimately unprofitable for anyone. Marriages have been dissolved because foolish and hurtful words were spoken and decisions were made in unbridled anger. Individuals have suddenly quit their jobs in frustration and anger without considering the long term impact of their decision. Even in the church world, divinely appointed destinies have been forfeited due to decisions made in angry moments.

However, anger is not always the problem. Rather, the problem is often what we decide to say or do in an angry moment. The Bible tells us to be angry and sin not. Neither are we to allow the sun to go down while we are still angry. Ask God to help you deal with frustrating situations and don't make decisions based on your anger.

## Prayer for Today

Father, help me to manage my anger today by convicting me to step back and reflect on the situation before I speak or act in anger. I know that if I allow my spirit to be controlled by Your Spirit, I will bring about positive change in every area of my life.

## *Scriptures for Today*

James 1:20 For the wrath of man does not produce the righteousness of God. (NKJV)

Ephesians 4:26 Be angry, and do not sin. Do not let the sun go down on your wrath. (NKJV)

Ecclesiastes 7:9 Do not hasten in your spirit to be angry, For anger rests in the bosom of fools. (NKJV)