

Life is a choice

February 12

In the Belief-Choice Faith Based Model therapy, the first element is to ensure we of counseling and believe what God's Word says and not what God's enemies say about us and our situation of life. Whether talking about anger management, addictive behaviors, or rebellious attitudes and actions, what we believe will determine how we think, how we feel, and what we want.

However, life is a choice and even if we believe the truth of God's Word, we must still choose to do His Word. Faith without corresponding action is useless and believing without choosing to obey God's Word means nothing.

Prayer for Today

Dear Lord, Help me to know Your Word, to believe Your Word, and then choose to do Your Word. No longer will I make excuses for not obeying Your commands. Thank You for Your forgiveness.

Scriptures for Today

James 2:18-20, 26 But someone will say, "You have faith, and I have works." Show me your faith without your works, and I will show you my faith by my works. You believe that there is one God. You do well. Even the demons believe-and tremble! But do you want to know, O foolish man, that faith without works is dead? For as the body without the spirit is dead, so faith without works is dead also. (NKJV)