## At times we are required to fully let go of one thing before we can fully take hold on another

As a little boy, I went to a circus and found myself intrigued with the trapeze artists swinging high above the ground from one cross bar to another. I watched as they did their tricks, turning flips, rotating in mid air, catching one another with clasped hands, only to be gracefully released to the stationary platforms at each end. Through the years I have long thought about the principles of life I gleaned while reflecting on those performers. Their success required that they fully let go of one thing in order to fully take a firm grip on another. Much of life operates by the same principle. Holding on or half holding on to the past, even with all its benefits, can at times leave us unable to fully take firm hold on the future God is offering us. It can be difficult to let go of some past experiences, however, it is often more difficult to let go, ask God for help and get fully engaged again in life.

July 18

## Prayer for Today

Dear God, please help me to put my past in its proper perspective and to let go of those things which are hindering me from moving on in my life and Your will. Thank you, Sir, amen.

## Scriptures for Today

Isaiah 43:18-19 Do not remember the former things, Nor consider the things of old. Behold, I will do a new thing, Now it shall spring forth; Shall you not know it? I will even make a road in the wilderness And rivers in the desert. (NKJV)

Philippians 3:13-14 Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus. (NKJV)