

*Just because things are bad does not mean we cannot make them worse*

March 19

St. Thomas Aquinas said, “Act. Never react.” This advice is good counsel and worth our consideration. Life offers us many opportunities to react negatively to the pressures, situations, and circumstances presented to us. No matter how bad it is right now, believe me, you can make it worse.

Do not allow yourself the luxury of reacting from the flesh or you may just take a temporary situation and create a permanent problem. Mountains can become mole hills if we would only learn to act appropriately in the face of our troubles. It’s not what you’re going through that matters most, but how you go through it. Set your course to come out of your problem and not to go deeper.

*Prayer for Today*

Jesus, I proclaim You today as my source of victory. I am an overcomer by the blood of the Lamb and my testimony. When trouble comes, Your grace and Your mercy will sustain me. I listen for Your voice to give me the wisdom to keep me from making difficult situations worse.

*Scriptures for Today*

2 Timothy 3:11 Persecution, afflictions, which came unto me at Antioch, at Iconium, at Lystra; what persecutions I endured: but out of them all the Lord delivered me. (KJV)

1 Peter 5:8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour; Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world. (KJV)