

***Don't take a temporary situation and
create a permanent problem***

October 8

Almost daily we have opportunities to become frustrated with life's little challenges. We all encounter pressures at home, school, in the work place, or with friends. Not properly dealing with these continuing frustrations will allow pressures to build into a bigger than manageable problem.

Take marriage for example. Many couples separate and divorce over irreconcilable differences which started from minor disagreements. Don't let a hurried life or a lack of self control push you into making mountains out of mole hills. Don't fall into the habit of taking temporary situations and creating permanent problems. Instead, pray and put life back into proper perspective.

Prayer for Today

Today I need Your help once again, Lord. Help me to not be frustrated with the daily problems and pressures of life. Teach me self-control and remind me that not all things which affect me are always about me. Make me a builder, not a destroyer, and help me to see the big picture.

Scriptures for Today

Galatians 5:22-26 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those who are Christ's have crucified the flesh with its passions and desires. If we live in the Spirit, let us also walk in the Spirit. Let us not become conceited, provoking one another, envying one another. (NKJV)